THE BURNOUT BOOK PRESENTS

101 WAYS TO BE A NURSE

FIND YOUR PASSION, KEEP YOUR SPARK!



HELLO!

Do you remember reading those "Choose Your Own Adventure" books as a kid? Being a nurse is sort of like reading one of those books! Once you get your degree and pass the NCLEX, there are so many paths you can take. The world is your oyster! Unless you don't like oysters, then it's your (insert favorite food here). Aaaand now we're moving on to Mad Libs.

I've created a detailed list of different roles, specialties, and careers you can pursue once you have your precious nursing license. Some of the jobs require further education and training, while some of them are very non-traditional (those were my favorite to research)! This document can also be subdivided into neonatal, pediatric, adult, or geriatric populations as well.

This list is NOT all inclusive. There will be specialties and types of nursing that aren't listed, especially as the healthcare world evolves over time. This will be a fluid, working document that can be edited and updated as needed.

I hope that this list will spark some ideas of where you'd like your nursing career to go and help you realize how many options you have! If you're feeling like you've hit a wall or you're feeling burned out at your current job, know that you're not alone and that there may be nurse roles that could be a better fit if you take a chance and explore them.

Anna M. Rodriguez





ROLES AT WORK

- 1. PRECEPTOR FOR STUDENTS/NEW HIRES
- 2. CHARGE NURSE
- 3. RESOURCE NURSE/RAPID RESPONSE NURSE/BREAK NURSE
- 4. UNIT REPRESENTATIVE ON A COMMITTEE
- 5. OBTAIN A CERTIFICATION
- 6. BE THE UNIT EXPERT FOR A MEDICAL DEVICE OR CHARTING SYSTEM

SPECIALTIES

- 7. BURN CARE
- 8. CARDIOLOGY
- 9. CASE MANAGEMENT
- 10. CLINICAL DOCUMENTATION SPECIALIST
- 11. CORRECTIONAL FACILITY
- 12. DERMATOLOGY
- 13. DIABETES MANAGEMENT
- 14. DIALYSIS
- 15. EMERGENCY DEPARTMENT
- 16. ETHICS
- 17. FLIGHT/TRANSPORT NURSE
- 18. FLOAT POOL
- 19. GASTROINTESTINAL
- 20. GOVERNMENT/VETERANS HEALTH
- 21. HEMATOLOGY
- 22. HOME HEALTH
- 23. HOSPICE
- 24. HYPERBARIC NURSE
- 25. INFECTION PREVENTION
- 26. INFUSION THERAPY
- 27. INTENSIVE CARE/CRITICAL CARE
- (INCLUDING SPECIALTY ICUS)
- 28. IV/PICC SPECIALIST
- 29. LONG TERM CARE
- 30. MANAGER/SUPERVISOR
- 31. MEDICAL/SURGICAL
- 32. MEN'S HEALTH
- 33. MILITARY
- 34. NEONATAL
- 35. NEPHROLOGY

MORE SPECIALTIES

- 36. NEUROLOGY
- 37. NURSING HOME/ASSISTED LIVING
- 38. OBSERVATION/TRANSITIONAL CARE
- 39. OCCUPATIONAL HEALTH
- 40. ONCOLOGY
- 41. ORTHOPEDICS
- 42. OUTPATIENT CLINIC/AMBULATORY CARE
- 43. PAIN MANAGEMENT
- 44. PALLIATIVE CARE
- 45. PEDIATRICS
- 46. PLASTIC SURGERY
- 47. PRE-ANESTHESIA OR POST-

ANESTHESIA CARE

- 48. PROCEDURAL NURSE: ENDOSCOPY.
- CATH LAB. DAY SURGERY. ETC.
- 49. PROGRESSIVE CARE (TELEMETRY, STEP-

DOWN. INTERMEDIATE CARE)

- 50. PSYCHIATRIC/MENTAL HEALTH
- 51. PULMONARY
- 52. QUALITY IMPROVEMENT
- 53. RADIOLOGY/IMAGING (XRAY, NUCLEAR

MEDICINE, MRI, ULTRASOUND, ETC.)

- 54. REHABILITATION
- 55. RESOURCE NURSE/RELIEF NURSE
- 56. RISK MANAGEMENT
- 57. SKILLED NURSING FACILITY
- 58. SURGERY/OPERATING ROOM
- 59. TELEMEDICINE
- 60. TRANSPLANT
- 61. TRAUMA
- 62. URINARY
- 63. WOMEN'S HEALTH- LABOR AND

DELIVERY, OBSTETRICS, FAMILY

MATERNITY

64. WOUND CARE





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ADVANCED DEGREE REQUIRED

65. CERTIFIED REGISTERED NURSE ANESTHETIST (CRNA)

66. CERTIFIED NURSE MIDWIFE (CNM)

67. CLINICAL NURSE LEADER (CNL)

68. CERTIFIED NURSE SPECIALIST (CNS)

69. DOCTOR OF NURSING SCIENCE, NURSING PRACTICE. OR NURSING PHILOSOPHY

70. EXECUTIVE/LEADERSHIP/MANAGEMENT

71. INFORMATICS SPECIALIST

72. NURSE EDUCATOR/INSTRUCTOR

73. NURSE PRACTITIONER (NP) (MULTIPLE SPECIALTIES!)

74.PUBLIC HEALTH NURSING

75. RESEARCH

NON-TRADITIONAL NURSE ROLES

76. ADVOCACY

77. BLOGGER/INFLUENCER

78. CAMP NURSE

79. CAREER COACH

80. CLINICAL LISASON FOR MEDICAL

COMPANY

81. COMMUNITY/PUBLIC HEALTH NURSE

82. CONCIERGE/PERSONAL NURSE

83. CRUISE SHIP/YACHT NURSE

84. ENTREPRENEUR/INVENTOR

85. ESCORT/MEDICALLY TRAINED TRANSPORT

86. FAITH COMMUNITY

87. FORENSIC NURSE CONSULTANT

88. FREELANCE WRITER FOR HEALTHCARE

COMPANY OR BLOG

89. GENETICS/GENOMICS

90. HEALTH INSURANCE COMPANY

91. HOLISTIC NURSE

92. HUMANITARIAN NURSE

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MORE NON-TRADITIONAL NURSE ROLES

- 93. INSTRUCTOR FOR BLS/ACLS/PALS/ETC.
- 94. IV HYDRATION/RESTORATIVE THERAPY
- 95. LIFE CARE PLANNER
- 96. LEGAL NURSE CONSULTANT
- 97. PATIENT CARE ADVOCATE
- 98. PHARMACEUTICAL SALES REP
- 99. PHONE TRIAGE NURSE
- 100. PROCUREMENT/SUPPLY CHAIN
- 101. QUALITY/UTILIZATION REVIEW

HEY! A BONUS! 20 MORE NURSE JOBS!

102 MEDICAL AESTHETICS

- 103. MEDICAL MOVIE SCRIPT WRITING
- 104. NATIONAL NURSING ORGANIZATION
- 105. NURSE NAVIGATOR
- 106. NURSING RESEARCH
- 107. POLITICS/LOBBYIST
- 108. RECRUITER
- 109. RESORT/SPA NURSE
- 110. SCHOOL NURSE
- 111. SIMULATION LAB TRAINER
- 112. SPORTS MEDICINE
- 113. SUBSTANCE ABUSE
- 114. THEME PARK NURSE
- 115. TRAINER WITH ELECTRONIC MEDICAL
- RECORD (EMAR) COMPANY
- 116. TRANSITION OF CARE COACH
- 117. TRANSCRIPTION/CODING
- 118. TRANSGENDER YOUTH NURSE
- 119. TRAVEL NURSE
- 120. VIRTUAL MEDICINE
- 121. WELLNESS/HEALTH COACH





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WHAT ARE MY SHORT TERM AND LONG TERM GOALS AS A NURSE?

WHAT ACTIONS DO I NEED TO TAKE TO GET TO MY GOALS?

